

Tuscan Market Soup Mix

½ cup barley
½ cup split peas
½ cup rice
½ cup lentils
2 tablespoons dried minced onion
2 tablespoons dried parsley
2 teaspoons salt
½ teaspoon pepper
2 tablespoons beef bouillon granules
1 teaspoon dried cumin
1 pkg. dehydrated onion soup mix

Soup

1 Tuscan Market Soup Mix (see above)
3 quarts water
2 stalks celery, chopped
2 carrots, sliced
1 cup shredded cabbage
1 can (28oz.) crushed tomatoes

*Combine ingredients and place in soup pot. Cover. Cook over medium heat and simmer 1 hour, until vegetables are tender. *

Can also cook in slow cooker and add chicken if desired.